

# MULTIDISCIPLINARY EXPERIENCE SHARING SUMMIT/MESSUMMIT

 June 17-19, 2026
  InterContinental Kuala Lumpur Hotel

## 17 June 2026, Wednesday

### 08:45–09:00 OPENING REMARKS

**Speakers:** Yusuf YILMAZ, MD; Sophio BERIDZE, MD;  
 Kubilay UKİNÇ, MD; Nizameddin KOCA, MD

### 09:00–10:30 SESSION 1: DIABETES SESSION

**Chair:** Kubilay UKİNÇ, MD

**09:00–09:45** ADA 2026 Standards of Care – Key Updates to T2DM Management Algorithms and Person-Centered Approaches  
**Speaker:** Nizameddin KOCA, MD

**09:45–10:30** Early Combination Therapy in T2DM in the Light of the VERIFY Trial  
**Speaker:** Kubilay UKİNÇ, MD

### 10:30–11:00 Coffee Break



### 11:00–12:30 SESSION 2: DIABETES AND MASLD SESSION

**Chair:** Sophio BERIDZE, MD

**11:00–11:45** Metabolic Dysfunction–Associated Steatotic Liver Disease (MASLD): Diagnosis, Classification and Management – Gastroenterologist Perspective  
**Speaker:** Yusuf YILMAZ, MD

**11:45–12:30** Endocrinology Perspective: Diabetic Fatty Liver Management  
**Speaker:** Kubilay UKİNÇ, MD

### 12:30–13:30 Lunch Break



### 13:30–14:00 SESSION 3: THE JOURNEY OF LIVER TRANSPLANTATION IN INDIA: PAST, PRESENT AND FUTURE

**Chair:** Sophio BERIDZE, MD  
**Speaker:** Sanjiv SAIGAL, MD

### 14:00–14:30 SESSION 4: THE EVOLUTION OF INTERNAL MEDICINE AS A DISCIPLINE: A COMPARATIVE ANALYSIS OF TURKEY AND GEORGIA

**Panelists:** Yusuf YILMAZ, MD; Kubilay UKİNÇ, MD;  
 Sophio BERIDZE, MD; Khatuna VARSHANIDZE, MD

### 14:30–15:00 SESSION 5: METABOLIC SYNDROME AND OBESITY IN LIVER TRANSPLANT RECIPIENTS: A 10-YEAR OBSERVATIONAL STUDY

**Panelists:** Marika MORTULADZE, MD; Kubilay UKİNÇ, MD;  
 Sophio BERIDZE, MD; Yusuf YILMAZ, MD

**Speaker:** Marika MORTULADZE, MD

### 15:00–15:30 Coffee Break



### 15:30–17:00 SESSION 6: INTERACTIVE PANEL DISCUSSION: REAL-WORLD CHALLENGES IN MULTIMORBID T2DM PATIENTS – CASE-BASED INSIGHTS AND MULTIDISCIPLINARY SOLUTIONS

**Moderator:** Sadek NAZAR, MD  
**Panelists:** Yusuf YILMAZ, MD; Kubilay UKİNÇ, MD; Sophio BERIDZE, MD;  
 Khatuna VARSHANIDZE, MD; Sanjiv SAIGAL, MD

### 17:00–17:20 SESSION 7: TREATMENT OF IRON DEFICIENCY AND IDA IN CURRENT CLINICAL GUIDELINES

**Speaker:** Nizameddin KOCA, MD

### 17:20–17:40 SESSION 8: IRON DEFICIENCY AND IRON DEFICIENCY ANEMIA MANAGEMENT IN INTERNAL MEDICINE PRACTICE

**Speaker:** Kubilay UKİNÇ, MD

## 18 June 2026, Thursday

### 08:45–09:00 SESSION 1: SECOND DAY OPENING REMARKS AND PROGRAM INTRODUCTION

**Speaker:** Hakan KORKMAZ, MD

### 09:00–10:00 SESSION 2: ASTHMA AND ALLERGY SESSION

**Moderators:** Hakan KORKMAZ, MD  
**Speakers:** Özay AYVAZ, MD; Nesil KELEŞ, MD

Q&A and Discussion

### 10:00–10:30 Coffee Break



### 10:30–11:30 SESSION 3: CURRENT TREATMENT FOR RHINOSINUSITIS

**Moderator:** Hakan KORKMAZ, MD  
**Speaker:** Nesil KELEŞ, MD

Q&A and Discussion

### 11:30–12:30 SESSION 4: MULTIDISCIPLINARY APPROACH TO MEDICAL AND SURGICAL TREATMENT OF BENIGN THYROID DISEASES

**Moderator:** Nesil KELEŞ, MD  
**Speakers:** Hakan KORKMAZ, MD; Doğukan ÖZDEMİR, MD

Q&A and Discussion

### 12:30–13:30 Lunch Break



### 13:30–15:00 SESSION 5: CASE PRESENTATIONS

**Moderators:** Hakan KORKMAZ, MD; Doğukan ÖZDEMİR, MD  
**Speakers:** Nesil KELEŞ, MD; Özay AYVAZ, MD;  
 Hakan KORKMAZ, MD; Doğukan ÖZDEMİR, MD

### 15:00–15:30 Coffee Break



### 15:30–16:30 SESSION 6: UNUSUAL CASES IN ENT

**Moderator:** Hakan KORKMAZ, MD  
**Speaker:** Doğukan ÖZDEMİR, MD

### 16:30–17:15 SESSION 7: SYMPOSIUM WRAP-UP: HIGHLIGHTING BREAKTHROUGHS, PRACTICAL PEARLS AND NEXT STEPS

**Speaker:** Hakan KORKMAZ, MD

## 19 June 2026, Friday

### 09:00–10:00 SESSION 1: HOW CAN TYPE 2 DIABETES BE PREVENTED?

**Speaker:** Fatima CODY STANFORD, MD

### 10:00–11:00 SESSION 2: ROUND TABLE DISCUSSION: THE FUTURE OF THE LIVER AND DIABETES

**Panelists:** Yusuf YILMAZ, MD; Sophio BERIDZE, MD;  
 Kubilay UKİNÇ, MD; Sanjiv SAIGAL, MD

### 11:00–12:15 SESSION 3: THE GENETIC ARCHITECTURE OF OBESITY IN HUMANS

**Speaker:** Valeriya LYSENKO, MD

Q&A and Discussion

### 12:15–13:15 Lunch Break



### 13:15–14:00 SESSION 4: TYPE 1 DIABETES IN THE 21ST CENTURY: INNOVATIONS, CHALLENGES AND THE ROAD AHEAD

**Speaker:** Paolo POZZILLI, MD

Q&A and Discussion

### 14:15–15:00 SESSION 5: CLOSING REMARKS

**Speakers:** Sophio BERIDZE, MD; Yusuf YILMAZ, MD