

5.

MULTIDISCIPLINARY EXPERIENCE SHARING SUMMIT/MESSUMMIT



OCTOBER 1-3
2026

Courtyard by
Marriott Munich Garching



OCTOBER 1, 2026

09:00-09:15 OPENING REMARKS

Speakers: Kubilay UKİNÇ, MD; Sophio BERIDZE, MD;
İhsan ATEŞ, MD; Hilmi Erdem SÜMBÜL, MD

09:15-10:15 EDUCATIONAL SESSION-1

Chair: Kubilay UKİNÇ, MD

09:15-09:45 Beyond the Liver: Building an Integrated Care Pathway for Patients with MASLD

Speaker: Sophio BERIDZE, MD

09:45-10:15 Rethinking Polycystic Ovarian Syndrome as a Polyendocrine Metabolic Disorder

Speaker: Ana KOTORASHVILI, MD

10:15-10:45 STATE OF THE ART

Chair: Valeriya LYSENKO, MD

10:15-10:45 ADA 2026 Standards of Care – Key Updates To T2DM Management Algorithms and Person-Centered Approaches

Speaker: Kubilay UKİNÇ, MD

10:45-11:00 COFFEE BREAK



11:00-11:45 EDUCATIONAL SESSION-2

Chair:İhsan ATEŞ, MD

11:00-11:30 The Future Of The Liver And Diabetes

Speaker: Hilmi Erdem SÜMBÜL, MD

11:30-11:45 Q & A

11:45-12:30 EDUCATIONAL SESSION-3

Chair:İhsan ATEŞ, MD

11:45-12:15 How We Position DPP-4 Inhibitors In Type 2 Diabetes

Speaker: Kubilay UKİNÇ, MD

12:15-12:30 Q & A

12:30-13:30 LUNCH BREAK



13:30-14:30 EDUCATIONAL SESSION-4

Chair: Kubilay UKİNÇ, MD

13:30-14:15 Diabetes and Skin Diseases

Speaker: Sadek NAZAR, MD

14:15-14:30 Q & A

14:30-15:30 EDUCATIONAL SESSION-5

Chairs: İhsan ATEŞ, MD and Ofri MOSENZON, MD

14:30-15:15 Type 1 Dabetes in the 21st Century: Innovations, Challenges and the Road Ahead

Speaker: Paolo POZZILLI, MD

15:15-15:30 Q & A

15:30-15:45 COFFEE BREAK



15:45-16:45 INTERACTIVE CASE DISCUSSION

Chairs: Sophio BERIDZE, MD; İhsan ATEŞ, MD; Hilmi Erdem SÜMBÜL, MD

16:45-17:45 EDUCATIONAL SESSION-6

Chair: İhsan ATEŞ, MD

16:45-17:15 How Often Is IDA Screened for as Part of Micronutrient Management in Patients with Diabetes?

Speaker: İhsan ATEŞ, MD

17:15-17:45 Oral vs Intravenous Iron: Matching the Right Therapy to the Right Patient

Speaker: Hilmi Erdem SÜMBÜL, MD

17:45-18:45 SUMMARY OF THE DAY

Chairs: Kubilay UKİNÇ, MD; Paolo POZZILLI, MD; Sadek NAZAR, MD;
Valeriya LYSENKO, MD; Fatima CODY STANFORD, MD

OCTOBER 2, 2026

09:00-10:00 EDUCATIONAL SESSION-1

**In EGS Guideline Glaucoma Treatment:
From Guideline Recommendations to Clinical Practice**

Positioning of Anti-Glaucoma Agents within Glaucoma Treatment Strategies, Combination Approaches, Treatment Escalation and the Importance of Preservative-Free Options in Chronic Therapy

Speaker: Oya TEKELİ, MD

10:00-10:15 COFFEE BREAK



10:15-11:15 EDUCATIONAL SESSION-2

The Role of Preservative-Free Brimonidine in Glaucoma Management

Clinical Importance of Preservative-Free Treatment Options, Ocular Surface Protection, Long-Term Tolerability, Adherence and Patient-Centered Glaucoma Care

Speaker: Oya TEKELİ, MD

11:15-11:30 COFFEE BREAK



11:30-12:45 EDUCATIONAL SESSION-3

**Cyclosporine in Dry Eye Disease: A Disease-Modifying Approach
Beyond Symptomatic Relief**

The Role of Cyclosporine in Controlling Ocular Surface Inflammation, Improving Tear Film Stability and Addressing The Chronic Inflammatory Nature of Dry Eye Disease

Speaker: Ece TURAN VURAL, MD

12:45-13:45 LUNCH BREAK



13:45-14:45 EDUCATIONAL SESSION-4

Preservative-Free Multidose Cyclosporine in Dry Eye Disease

The Place of Cyclosporine in Modern Dry Eye Management, the Clinical Value of Preservative-Free Multidose Therapy and the Contribution of the Novelia Smart Bottle System to Sterility, Compliance, Sustainability and Patient Convenience

Speaker: Ece TURAN VURAL, MD

14:45-15:45 EDUCATIONAL SESSION-5

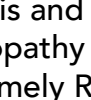
Eye Disease Management in Diabetic Patients

Chair: Oliver Niels KLEFTER, MD

Screening, Early Diagnosis and Evidence-Based Management of Diabetic Eye Diseases, Including Diabetic Retinopathy and Diabetic Macular Edema with a Focus on Multidisciplinary Care, Timely Referral and Strategies to Preserve Vision

Speaker: Speaker: Carin GUSTAVSSON, MD

15:45-16:00 COFFEE BREAK



16:00-17:00 EDUCATIONAL SESSION-6

Clinical and Practical Approaches in Ophthalmology: Best Practices from Daily Practice

Practical Case-Based Discussions on Treatment Selection, Patient Adherence, Ocular Surface Protection, Chronic Disease Management and Real-Life Clinical Decision-Making in Ophthalmology

Speakers: Sinem KAYACI, MD and Oya TEKELİ, MD

17:00-18:00 SUMMARY OF THE DAY

Chairs: Oya TEKELİ, MD; Ece TURAN VURAL, MD; Sinem KAYACI, MD

OCTOBER 3, 2026

09:00-09:15 OPENING REMARKS

Speaker: Mehmet Hakan KORKMAZ, MD

09:15-09:45 ASTHMA AND ALLERGY SESSION

Chair: Mehmet Hakan KORKMAZ, MD

Speakers: Muzaffer Onur TURAN, MD; Bülent ÖCAL, MD

09:45-10:00 Q & A

10:00-10:15 COFFEE BREAK



10:15-11:00 CURRENT TREATMENT FOR RHINOSINUSITIS

Chair: Frank HUABNER, MD

Speaker: Bülent ÖCAL, MD

10:45-11:00 Q & A

11:00-11:45 MULTIDISCIPLINARY APPROACH TO MEDICAL AND SURGICAL TREATMENT OF BENIGN THYROID DISEASES

Chair: Mehmet Hakan KORKMAZ, MD

Speaker: Mehmet Hakan KORKMAZ, MD

11:30-11:45 Q & A

11:45-12:15 CASE PRESENTATION

Speaker: Barbara DARNOL, MD

12:15-13:00 COPD, ASTHMA AND ALLERGY SESSION

Chair: Muzaffer Onur TURAN, MD

Speakers: Muzaffer Onur TURAN, MD; Barış BULUT, MD

13:00-14:00 LUNCH BREAK

